

Headache Research Report

APPENDIX G

Historical Botanical Medicine Perspectives on the Treatment of Headache

The following excerpts from historical botanical medicine texts provide documentation of the various types of headache described during Cayce's era with specific medicines for each type. I have added **bold type** to accentuate words and phrases that are particularly relevant to this report.

“Pulsatilla frequently proves a useful remedy in HEADACHE of various types. It relieves the frontal **HEADACHE from nasal catarrh, nervous HEADACHE, particularly when due to gastric disturbances, with greasy taste, menstrual HEADACHE**, with chilliness and suppressed menses, **bilious and gastric HEADACHES**, of a dull and heavy character, with greasy taste and nausea, **and HEADACHES due to uterine irregularities or to a rheumatic diathesis. These HEADACHES are all of anemic character**—the opposite of those relieved by gelsemium.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“Its [Apocynum Androsaemifolium.—Dog's Bane] chief use, however, is in dyspepsia with constipation, and in **HEADACHE with torpor of the bowels**, as well as **in nervous HEADACHE and HEADACHE due to sluggish venous capillary circulation of the brain.**” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“The **nervous HEADACHE** of the debilitated and depressed calls for it [Arnica], as does debility of the cardiac muscle due to excitement, over-activity, or ‘heart-strain.’” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“**Headache from disordered digestion** has been cured with it [Asclepia] ...” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“We employ minute doses of belladonna with confidence in congestive disorders. Throbbing, congestive, or **nervo-congestive HEADACHES** are quickly relieved by it; or it may be a dull, heavy HEADACHE, with a drowsy feeling, as if, were it not for the pain, the patient would drop off to sleep. While it is a remedy for blood stasis, due to dilated capillaries in any part, its operation is perhaps more pronounced in impairment of circulation in the nerve-centers. In cerebral or spinal congestion, as evidenced by dullness and coma, it is the first remedy to be selected. In chronic brain diseases, with dizziness, drowsiness, and dull, heavy aching, with a sense of fullness in the head, its effects are pronounced, and when the dull eye, with dilated pupil

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and drowsiness, are present in threatened apoplexy this remedy should be selected.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“The bryonia condition is one of debility, and the patient perspires readily. It is a remedy for fevers, and will often control them when the special sedatives fail. Chilliness, with a sensation of tension, and that form of cutaneous weakness in which one easily sweats, upon movement, are the conditions for it. Add to this the peculiar bryonia pain, given above, and deepened color of mucous tissues, and full veins, evidencing capillary obstruction, **frontal HEADACHE**, dry tongue, and tendency to delirium — and the bryonia case is complete.

"Aggravated by motion" has long been a phrase applied to bryonia cases, and so we find in these cases a lethargy induced more by a desire to remain quiet than one of dullness, as is noticeable when belladonna is required. The patient is languid, torpid, tired, and has little inclination to go about. A general deficiency of nervous balance is observable, and every effort tends to induce perspiration. With this may or may not be associated the bryonia HEADACHE, pain from the frontal region to the occipital base; thinking is an effort, and the patient is irritable if disturbed. Temperature is slightly increased, and the tissues contracted. When any special organ is affected, extreme tenderness and soreness is experienced upon pressure. Thus in hepatic disorders with jaundice, high-colored urine, and developing pain upon pressure, it is an excellent drug. Stitching, sticking or cutting pains about the liver, as if the serous capsule were involved, also indicates bryonia. In acute rheumatism, especially where the joints are swollen and feel stiff, it is direct in its action, and is equally valuable in chronic cases; painful and stiff rheumatism of the spine in children, **rheumatic HEADACHE, sharp, temporal pain, frontal HEADACHE**, hemicrania, with tender scalp, and sharp, tearing pains, made worse by motion, are all conditions for this drug.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“This salt [Caffeina Citrata] is used chiefly as a remedy for the **idiopathic HEADACHE, called migraine** (pain in the forehead).” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“Specific Indications and Uses. [Cannabis indica] — Great nervous depression; irritation of the genito-urinary tract; painful micturition, with tenesmus; ardor urinae, scalding, burning, frequent micturition; low mental conditions; wakefulness; insomnia, with unpleasant dreams during momentary sleep; spasmodic and painful conditions, with nervous depression; mental illusions; **menstrual HEADACHE**; palpitation of the heart, with sharp stitching pains in the heart; hallucinations; cerebral anemia, from spasm of cerebral vessels.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“Ipecac is the best emetic for the purpose of unloading the stomach of undigested aliment, and "acute indigestion, bilious attacks, accompanied **with sick HEADACHE, and other forms of HEADACHE**, depending upon difficult digestion, may be cut short with an emetic dose of the powdered drug (Locke, Syllab. of Mat. Med., p. 24).” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

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“Action, Medical Uses, and Dosage. — Cactus impresses the sympathetic nervous system, and is especially active in its power over the cardiac plexus. In sufficiently large doses it acts as an intense irritant to the cardiac ganglia, producing thereby irritability, hyperaesthesia, arythmia, spasm and neuralgia of the heart, and even carditis and pericarditis. According to E. M. Hale, M. D., it acts upon the circular cardiac fibers, whereas digitalis acts upon all the muscular fibers of the heart. Like the latter, as a secondary effect of over-stimulation, it may induce heart-failure. The tincture, in large doses, produces gastric irritation, and also affects the brain, causing confusion of mind, hallucination, and slight delirium. In excessive doses, a quickened pulse, **constrictive HEADACHE**, or constrictive sensation in the chest, cardiac pain with palpitation, vertigo, dimness of sight, over-sensitiveness to noises, and a disposition to be sad or to imagine evil, are among its many nervous manifestations.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“For the **nervous menstrual HEADACHE**, Prof. Locke recommends: Rx Specific cactus, gtt. x to xxx; aqua, fliv. Mix. Sig. Dose, a teaspoonful 3 or 4 times a day. It has a marked control over the nervous system, somewhat like that of pulsatilla.”

“Likewise useful in hepatic affections, and is supposed to exert a special influence on the spleen. It [Chelidonium] is a remedy influencing the parts supplied with nerve force from the branches of the solar plexus, and with blood from the hepatic artery, and to some extent by the splenic artery. Both acute and subacute forms of inflammation of the liver, when suppurative action has not set in, are benefited by chelidonium. **Migraine, bilious HEADACHES, supraorbital neuralgia, bilious dyspepsia, with HEADACHE**, and other gastric and intestinal disturbances, due to faulty action of the liver, are well treated with it. It is a remedy for so-called ‘liver coughs.’” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“**Occipital HEADACHE**, from mental overwork, is relieved by small doses, and the external application of camphor ... It has been found beneficial in asthma and spasmodic cough, and the powder may be used as a snuff for the relief of **nervous HEADACHE**, and catarrh in its commencing stages.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“Like Clematis recta (which see), this species produces painful eczema-like eruptions, which may result in small painful ulcerations. Prof. E. M. Hale, M.D., has found it fully equal to Clematis recta, being particularly useful in nervous insomnia, **neuralgic and rheumatic HEADACHE ...**” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“It [Stramonium] has been lauded for vertigo **and HEADACHE, from disordered conditions of the stomach produced by hyperacidity**, and is also endorsed for muscular

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tremblings of the hands of functional or reflex origin, and associated with great restlessness. When **gastric HEADACHE** is accompanied with marked nervous erethism and unsteadiness, its action is specific.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“It [Asafoetida] allays gastric irritation. Used in croup, pertussis, hysteria, infantile convulsions, flatulent colic, chronic catarrh, chlorosis, spasmodic nervous diseases of females, and, in combination with morphine and quinine, in **sick or nervous HEADACHE**.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“The odor of lupulin, like that of hop, will cause in susceptible individuals a distressing **sick HEADACHE**, accompanied with extreme and prostrating nausea; on the other hand both lupulin and hop have been employed to relieve **various forms of HEADACHE, chiefly in debilitated subjects, with cerebral hyperemia**.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“Upon the liver, its [Iris] action is marked. In that unpleasant condition known as "biliousness," it is prompt and efficient, and as a remedy for **bilious HEADACHE**, accompanied by nausea and vomiting of bitter ingesta, or in **sick HEADACHE, dependent upon indigestion**, it is unsurpassed.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“Lobelia is a stimulant to the sympathetic system. It improves the innervation of the parts supplied by both the pneumogastric and sympathetic nerves. The appetite and digestion are improved by small doses of the drug. It will frequently be found indicated in indigestion and dyspepsia. We have frequently used it in small doses **for sick HEADACHE due to gastric derangement**.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“It [Melilotus] is adapted to **idiopathic neuralgic HEADACHES**, and to neuralgic affections not depending upon reflex causes, although it has given good results **in HEADACHES arising from painful disorders of the stomach**.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“It [Beberine Sulphate] has been found of decided benefit in **periodic HEADACHE** and other periodic neuralgias, as well as in atonic dyspepsia and general debility.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

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“Headache, whether rheumatic, nervous, syphilitic, or sympathetic (as, **sick HEADACHE from gastric acidity and debility**), is much benefited by it [Phytolacca].” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“In stomach troubles, podophyllum is superior to podophyllin. It acts as a gentle stimulant tonic, improves the appetite, and is particularly valuable in atonic dyspepsia, gastric and intestinal catarrh, and all atonic forms of indigestion, when the patient complains of dizziness, loss of appetite and **heavy HEADACHE**. There is indisposition to exertion, the movements being heavy and sluggish, the tongue is dirty and flabby, and the superficial veins, abdomen, and tissues in general, are characterized by fullness. Its action on the hepatic viscus renders it particularly serviceable where gastric disturbances are due to hepatic torpor. In stomach troubles, hydrastis, iris, lobelia, agrimonia and ipecac may also be indicated and associated with this drug. Podophyllum, iris, chionanthus and chelidonium are excellent agents for chronic hepatitis. By its slow and thorough action, yet permanent in its effects in restoring and maintaining the normal hepatic and intestinal secretions, podophyllum is one of the very best agents to overcome habitual constipation, and more especially if it be due to portal engorgement. The small dose should be given and continued until the evacuations become regular and normal. Formerly this drug was much employed in bilious, remittent and intermittent fevers. Cathartic and sometimes emeto-cathartic doses were employed with the result of producing so profound an impression on the hepatic function and on the portal circle and general glandular system that, it is asserted, the disease was often aborted, or at least rendered milder and of short duration. It is never so employed at the present day. As an emeto-cathartic it should be given in warm ginger tea.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“The conditions are those of enfeebled spinal and sympathetic innervation, and sluggish capillary and venous circulation, with a tendency to passive hemorrhages. It [Ustilago. — Corn-Smut] serves a useful purpose in impaired cerebral circulation, with dizziness, unsteadiness of motion, or lack of command over the intellectual faculties, **dull HEADACHE in top of head**, disordered vision, etc.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“In properly selected cases it [Valerian] relieves irritability and pain, and favors rest and sleep. In such cases it is frequently useful **in hemicrania and other forms of nervous HEADACHE**.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“When neuralgia and **HEADACHE are due to irritation of the nerve centers**, with **hyperemia**, it [Veratrum Viride] proves a useful drug; usually, however, it is of little value in HEADACHE, unless accompanied with elevation of temperature. It will restore quiet and allow sleep in delirium tremens, when the pulse is full and bounding, and the eyes red and bloodshot, with evidence of inflammation (Locke).” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

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“Action, Medical Uses, and Dosage. — This [Compound Powder Of Xanthoxylum] is a valuable stimulating tonic and alterative, and may be employed in cases requiring such action, as in debility of the digestive functions, dyspepsia, convalescence from fevers, diarrhoea, and dysentery, hepatic torpor, **periodical HEADACHE**, scrofula, and other chronic diseases accompanied with excessive debility.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“Mustard foot-baths, valuable in **HEADACHE**, cerebral and other internal congestion, pneumonia, amenorrhoea, for diaphoresis. The infusion, made by stirring a tablespoonful to a cream with warm water, is a popular emetic in poisoning, etc., giving the entire mixture.” (*King's American Dispensatory*, Harvey Wickes Felter, M.D., and John Uri Lloyd, Ph.D.)

“FORMULA NO. 14

“Liver Capsules

	Grains
1. Fringetree Extract	40
Relieves congestion of the Liver.	
2. Wahoo Bark Extract	10
Stimulates the action of the Liver.	
3. Podophyllum Rt. Extract	4
Increases the flow of bile.	
4. Culver's Root Extract	20
Activates the Liver	
5. Virginia Poke Rt. Extract	10
Acts favorably on the glandular system.	
6. Aloe	60
Increases peristalsis; produces copious stools.	
7. Turkey Rhubarb	50
Increases muscular action of the intestines.	
8. Capsicum	1
Stimulates the intestines.	
9. Ginger	1
Stimulates the intestines.	

“Mix thoroughly, use finely powdered material, and then pass through a small meshed sieve and fill into 40 capsules equally divided.

“Directions: Take one or two capsules before retiring according to the laxative action required.

“This formula is especially useful in Bilioussness, sluggish or torpid liver, Constipation of long standing, Catarrh of the Stomach, Bowels and Gall-bladder. It will be found beneficial in dizziness, **sick HEADACHE**, nausea and gassy conditions of Stomach and Bowels.” (*Herbs for Health*, Otto Mausert, N.D., 1932)

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“FORMULA NO. 219

“Analgesic Balm

	Drachms
1. Henbane Leaves Fluid Extract	1/2
2. Belladonna Leaves Fluid Extract	1/2
3. Oil of Rosemary	1/2
4. Oil of Thyme	1/2
5. Oil of Lavender	1/2
6. Oil of Broom Pine	2
7. Oil of Laurel Berries	2 1/2
8. Oil of Black Mustard	1/10
9. Gum Camphor	1/3
10. Menthol	1/2
11. Healing Balsam Formula No. 282	8

“Make into a smooth ointment.

“Directions: Apply to affected parts morning and night, and oftener if necessary.

“Sometimes an external remedy like an anodyne is desirable to get quick relief from nerve pains, neuralgia, **nervous HEADACHE or congestion in the head**. It is applied by rubbing into the affected parts. Formula No. 219 will be found very effective for that purpose. It invigorates and stimulates the nerves, relieves congestion and allays pain and strain.” (*Herbs for Health*, Otto Mausert, N.D., 1932)

“**PAIN IN THE HEAD – HEADACHES.**

“**The underlying cause for this pain can often be found in: Disorders of the Stomach, Constipation, Anemia, Menstrual Irregularities, Overfilling of the Venous blood vessels of the head, Eye Strain, and disturbances of the functions of the Lungs and Heart.**” (*Herbs for Health*, Otto Mausert, N.D., 1932)

“**DIZZINESS IN THE HEAD-VERTIGO.**

“Generally noticed as a result of disorders of Stomach, Bowels and Liver, Dyspepsia, Constipation, Obstructions in the Hepatic ducts. In Abuses of the Nervous System (nervous vertigo) with the **so-called sick or nervous HEADACHE.**” (*Herbs for Health*, Otto Mausert, N.D., 1932)

“**BILIOUSNESS.** (Congestion of the Liver, Sluggish or Torpid Liver). - This complaint consists of a group of symptoms affecting Stomach, Liver, Gall Bladder, and Bowels. Catarrhal or inflamed conditions generally prevail and bring on the attacks, popularly known as Bilioussness. This disorder is indicated by a feeling of fullness, heaviness, and pain over the region of the Stomach, which continues until nausea and often vomiting of a greenish or

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yellowish slimy matter occurs. The appetite is poor, the tongue coated, the taste bitter and pasty. The urine is dark, amber colored and scanty. The bowels are, as a rule, constipated. The complexion is sallow with a yellowish tint, especially around the eyes. **A dull aching pain in the head, sometimes rather severe and commonly known as "sick HEADACHE"**, is often present.

“Treatment: As overeating, especially of too much greasy food, is often responsible for the attacks, a light, non-irritating diet should be resorted to. The Stomach, Liver and Bowels should be properly regulated. (See also Gall Bladder, inflammation of the)

“Remedies: Use Formula No. 14, page 55.

“Assisting the Treatment: If Stomach is not working properly, use Formula No. 285, page 111, or Formula No. 291, page 112, in connection with No. 14. If the Gall Bladder is affected, use Formula No. 147, page 82, and Formula No. 148, page 83, in which case do not use Formula No. 14. In case of Malaria, use Formula No. 186, page 91, without Formula No. 14.” (*Herbs for Health*, Otto Mausert, N.D., 1932)

“**COLD OR ACUTE CATARRH IN THE HEAD (Acute Nasal Catarrh)** - This inflamed condition of the mucous membrane of the Nose and Throat often causes considerable trouble by obstructing the. Nasal Passages with Mucus. **Headaches**, Chills, Sneezing, Running from the Nose and Eyes; loss of smell and taste, impaired hearing may result. If neglected, this temporary indisposition may lead to more serious troubles. It should, therefore, be attended to promptly.

“Treatment: The first thing to do in Colds is to cause a proper elimination of morbid matter from the system. This is best accomplished by opening the. bowels and also the pores of the skin. Rest in bed is advisable in cases of extreme weakness or fever.

“Remedies: To open bowels and lower fever use Formula No. 54, page 64. To produce perspiration, use Formula No. 57, page 65, or Formula No. 58, page 65 before retiring.

“Assisting the Treatment: If Cough is present use also Formula No. 81, page 70 if the Cough is deep-seated then use Formula No. 39, page 61, instead of No. 81.” (*Herbs for Health*, Otto Mausert, N.D., 1932)

“**HEADACHE** - This is not a disease in itself, but the result of disturbances in some other part of the body. Keeping this in mind, it is obvious that HEADACHES cannot be cured by simply suppressing the symptom - pain - and allowing the underlying cause to keep on existing. That is precisely what happens when strong chemicals are taken to relieve a HEADACHE. **Headaches are often caused by disorders of the Stomach, Biliousness, Constipation, Menstrual Irregularities, Overwork, Deficiency of the Blood, Overfilling of the Venous Blood-vessels of the Head, Eye Strain and disturbances of the Lungs and Heart.**

“There are Natural Remedies in this book for the various disturbances that may be responsible for a Headache. Make use of them. Get at the root of the trouble by removing the cause. Do not be satisfied with a temporary relief. Headache Powders, etc., while only giving temporary relief, will, invariably, in the long run, harm the system.

“Remedies: In Stomach Disorders, use Formula No. 285, page 111, or Formula No. 288, page 111. In Constipation, use Formula No. 69, page 67, or Formula No. 72, page 68. In Menstrual Irregularities, use Formula No. 192, page 92, or Formula No. 195, page 93, or

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Formula No. 198, page 93. In Nasal Catarrh, use Formula No. 54, page 64, and Formula No. 204, page 94. In Blood Pressure, use Formula No. 24, page 57, or Formula 27, page 58. In Nervousness, use Formula No. 291, page 112, or Formula No. 294, page 113. In Biliiousness (quite often the cause) use Formula No. 14, page 55, or Formula No. 65, page 67.

“In **Nervous Headache**, use Formula No. 14, page 55

“NERVOUS HEADACHE see Stomach Disorders. Dyspepsia.” (*Herbs for Health*, Otto Mausert, N.D., 1932)

“DYSPEPSIA - HEARTBURN - INDIGESTION - NERVOUS DYSPEPSIA - There exists a great similarity in the symptoms of Nervous Dyspepsia and that of Chronic Catarrh of the Stomach; yet, there is a decided difference between the causes of the two ailments.

“In Chronic Catarrh of the Stomach, an inflamed condition of the membrane of the stomach exists, which causes anatomical changes in the lining of the stomach; while, Nervous Dyspepsia is due almost entirely to disturbances in the nervous system which controls the stomach, with no such changes of the mucous lining taking place.

“The stomach has a network of nerves, which is controlled by nerve centers of the brain. This nerve system in the stomach is very sensitive and often reacts to the slightest provocation. If abused, it causes digestive disturbances that retard and disarrange the functions of the entire digestive tract. It may even give the reaction of pain in the stomach. This condition is very often brought about through overwork, worry, mental excitement, grief, fear, despondency, overeating, lack of exercise, and among other things, too rich, or too one-sided diet.

“There is often a sense of fullness, although the stomach may be empty. Gas pressure, heartburn, nausea, rumbling in the stomach, due to flatulency, spitting up of partly digested food, or sour liquid, and pain or soreness at the pit of the stomach during digestion may also be present. Belching, sometimes affords temporary relief and so may eating, but, the basic condition is not improved by taking on more food, it only tends to form more gas. Palpitation of the heart, **HEADACHE**, dizziness, flushes toward the head are often experienced. The bowels are generally constipated, the tongue soft and flabby and the urine scanty. Restlessness and even sleeplessness at night may also occur. For days a normal condition may exist, but all of a sudden a feeling of despondency may appear and even the lightest kind of food may cause distress.

“A prescribed diet will often result in failure, as each individual must study his own diet. We are not all alike and what is good food for one, may not agree with another. Food which seemingly does not distress at one meal may do so at the next. It is, however, advisable to select easily digestible foods, such as soft boiled or raw eggs, underdone meats, green vegetables, broth, thickened with barley, oatmeal, sago, rice, farina and other such foods the patient knows agree with him. Instead of coffee or tea, Formula Herb Tea No. 225, page 99, or Peppermint or Linden Flower tea should be used, as they aid the digestion and do not irritate the nerves that control the stomach as coffee and ordinary tea do.

“Remedies: Use. Formula No. 291, page 112, or Formula No. 294, page 113.

“Assisting the Treatment: If Constipated, use Formula No. 69, page 67, or Formula No. 72, page 68, but If Bilious, then, use Formula No. 14, page 55, instead. In Nervous Weakness use Formula No. 216 page 97.” (*Herbs for Health*, Otto Mausert, N.D., 1932)

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“**Migraine, or sick-HEADACHE**,—in which it often prevents the recurrence of the attacks, seeming to act specifically on Ringer's migraine centre.” (*A Compend of Materia Medica, Therapeutics, and Prescription Writing*, Sam'l O. L. Potter, M.D.)

“**Headaches of neuralgic or nervous type, the pain being general over the head ...**” (*A Compend of Materia Medica, Therapeutics, and Prescription Writing*, Sam'l O. L. Potter, M.D.)

“Salol is a most efficient remedy for duodenal catarrh, catarrh of the bileducts and catarrhal jaundice; also in the **bilious form of sick-HEADACHE ...**” (*A Compend of Materia Medica, Therapeutics, and Prescription Writing*, Sam'l O. L. Potter, M.D.)

“**Bilious Headache**, acute indigestion, and similar conditions,—gr. iv of the powder [Ipecac] in warm water, or a teaspoonful of the syrup, every 1/4 hour until emesis occurs,—to empty the overloaded stomach.” (*A Compend of Materia Medica, Therapeutics, and Prescription Writing*, Sam'l O. L. Potter, M.D.)

Therapeutics. Bryonia was formerly used as a hydragogue cathartic, but in that respect it is now superseded by Jalap. By many practitioners it is highly praised in the second stage of serous inflammations, to limit the extent of the effusion and to promote its absorption. For this, small repeated doses are required....

“**Headaches, of "bilious " type**, with vomiting,—it is an efficient remedy.” (*A Compend of Materia Medica, Therapeutics, and Prescription Writing*, Sam'l O. L. Potter, M.D.)

“Therapeutics. Hydrocyanic Acid is a very useful and pleasant remedy....

“Gastralgia, — it is one of the most efficient remedies, also **in Headache and Vertigo due to stomachal derangement**; and in Nervous Vomiting.” (*A Compend of Materia Medica, Therapeutics, and Prescription Writing*, Sam'l O. L. Potter, M.D.)

“Headache, of reflex type, — Potassium Cyanide in solution, gr. iij-v to the , applied locally on a compress, gives great relief.” (*A Compend of Materia Medica, Therapeutics, and Prescription Writing*, Sam'l O. L. Potter, M.D.)

“Myalgia and **Headaches** may often be relieved by the same application [Veratrum Viride].” (*A Compend of Materia Medica, Therapeutics, and Prescription Writing*, Sam'l O. L. Potter, M.D.)

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“**Headache, Migraine, etc., of congestive form**, — Ergot acts very well.” (*A Compend of Materia Medica, Therapeutics, and Prescription Writing*, Sam’l O. L. Potter, M.D.)

“**Congestive Headache, Hemicrania, etc.**, — it [Digitalis – Foxglove] raises the vascular tone.” (*A Compend of Materia Medica, Therapeutics, and Prescription Writing*, Sam’l O. L. Potter, M.D.)

Cerebral and Spinal Hyperaemia, **congestive HEADACHES**, encephalitis, meningitis and myelitis, — it [Belladonna] proves one of the very best remedies.” (*A Compend of Materia Medica, Therapeutics, and Prescription Writing*, Sam’l O. L. Potter, M.D.)